

RIDING THE WILD WAVE OF CHANGE: TOOLS FOR MOVING FORWARD



Change is never easy. No matter what kind of workplace changes your team is facing, it is natural to experience various emotions about these changes. Tomorrow's winners are those individuals and organizations that can constantly **learn, adapt, and respond to sudden shifts.**

In this interactive workshop you will:

- Identify your change style
- Recognize the ways your team members respond to change
- Explore the positive potential that arises from change
- Discuss the distinct phases of change
- Develop strategies to gain agreement and reduce resistance to change
- Increase your resilience
- Select tools to survive and thrive through the change process



This is a practical skill-building day. You will develop new ways of thinking about the change, and of assisting your team members in adapting to the change. You will share ideas, experiences and strategies that work to increase morale and productivity during times of change.

ABOUT JOYANNE LANDERS

Joyanne Landers has gained a solid reputation over the last twenty-five years as a facilitator and trainer. Her clients describe her as “dynamic”, “powerful”, and “thought-provoking.” She builds on her wide-ranging experience guiding managers and employees in the public and private sectors throughout Canada to create shifts in the way they relate to their work, their colleagues, and their clients. She stimulates participants to challenge their perceptions. Joyanne has the ability to lead workshops that are practical and easy to apply in real-world situations. Her plain talk, humour, and boundless enthusiasm are contagious. Joyanne holds a Master of Education degree.

“Change is hard because people over-estimate the value of what they have and under-estimate the value of what they gain by giving that up.”

“Change requires doing something different. It’s not comfortable. In fact, it’s scary. By definition it means entering the unknown.”

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